

Caregiving Checklist



powered by **honor**

Companionship

Notes

- Shopping, errands, outings
- Transportation, appointments, beauty shop
- Engagement, cards & games, social activities
- Organize and maintain calendar

Personal Care Needs

Notes

- Bathing, dressing, grooming, feeding
- Transfer/mobility needs
- Toileting/continence care

Meal Preparation

Notes

- Menu planning
- Shopping, ordering
- Prepare & serve meals

Pet Care

- Feed and water
- Clean litter box
- Walk

Notes

Light Housekeeping

- Maintain general tidiness, trash, mop, vacuum
- Laundry
- Change sheets

Notes

Other

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Notes

Days

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Times

Morning | Afternoon | Evening | Overnight